

St. Maarten Heineken Regatta

Safety and Equipment Regulations

These regulations represent minimum standards of preparedness for racing in the St. Maarten Heineken Regatta. It is not an exhaustive list nor is it a substitute for good seamanship and preparation. Each competitor shall be solely responsible for the safe preparation of their boat. 'OSR' refers to the Offshore Special Regulations published by ISAF.



1. Scope

- 1.1. These regulations apply at all times while racing.
- 1.2. These regulations shall not be grounds for a protest except by the Race Committee or the Protest Committee.

2. Lifelines

- 2.1. Monohull boats shall be fitted with lifelines that comply with OSR 3.14 for Category 4.
- 2.2. Multihull boats shall be prepared as near to the requirements of OSR 3.14 as practical with due consideration for preventing man overboard.
- 2.3. Unless stated in the Notice of Race the following boats are not required to comply with regulation 2.1 or 2.2:
 - a) Boats under 8m in length designed without lifelines
 - b) Boats designed without lifelines but having sufficient bulwarks or other structures to prevent a man overboard
 - c) Boats applying for and receiving in writing an exemption from these requirements from the Race Committee

3. Required preparations

- 3.1. No anchor shall be stowed such that the anchor overhangs any part of the boat.
- 3.2. All hatches, companionways, and ports shall be capable of being made watertight.
- 3.3. Cockpits shall be self-bailing and fitted with adequate drains.
- 3.4. Sufficient drinking water shall be provided such that there remains at least 0.5 litres of water per person onboard at the end of each race.

4. Required items

- 4.1. The following items shall be onboard and accessible:
 - a) Anchor and rode
 - b) Manual bilge pump
 - c) A horn, whistle or other device for signalling by sound

- d) Tapered plugs of a suitable material, and suitable size for every through-hull opening
- e) A bucket of not less than 8 litres capacity with lanyard attached
- f) A First Aid kit
- g) Charts covering the race area and any areas adjacent where shelter might be sought
- h) Three red hand flares and two orange smoke flares
- i) A VHF transceiver of at least 5W transmit power
- j) A marine magnetic compass independent of any power supply, capable of being used as a steering compass
- k) For each crew member, one lifejacket fitted with a whistle
- 4.2. The following items shall be onboard and readily accessible from the cockpit:
 - a) For boats carrying flammable fuels, a fire extinguisher
 - b) A lifebuoy, or a lifesling stowed above deck
 - c) A heaving line at least 15m long
- 4.3. Multihull boats without a cabin are not required to comply with regulation 4.1 or 4.2 but shall have the following items onboard as described:
 - a) VHF transceiver of at least 4W transmit power sufficiently waterproofed
 - b) For each crew member, one lifejacket fitted with whistle and strobe
 - c) Towing line at least 15m long and 5mm diameter
 - d) Righting line at least 4m long and 10mm diameter
 - e) Any tracking or communications device provided by the organising authority.
- 4.4. Where applicable all required items shall be:
 - a) of a suitable specification for the boat and expected conditions
 - b) in-date and fully serviceable